

Manor of Groves Health Club



Membership rates are fully inclusive and include:

- Full use of our 3 floor Techno Gym Fitness Suit
- ALL classes are FREE (including Yoga and Pilates)
- Unlimited swimming,
- FREE regular personal fitness programme reviews
- 10% discount on Hotel and Golf facilities
- 2 FREE guest passes every month (worth £20). You are welcome to sign additional guests in at £10 per day.
- FREE Privilege Club membership
- FREE parking

Corporate Peak membership

Mon-Fri. 6.30am – 10.00pm Sat-Sun 7.30am – 9.00pm

- Main member £51.00 per month (instead of £61.00)
- Partner rate of £39 per month

Corporate Off-peak membership

Mon-Fri. 6.30am – 5.00pm

- Main member £42.50 (instead of £51.00)
- Partner rate of £34.00

Each member can have up to 3 partners.

All subscriptions must come from main member's bank account.

We also offer preferential rates for over 60s.

Privilege Club Discounts include:

- Up to 20% discount on beauty treatments
- Up to 50% on hotel rooms
- Discounts on dining

Discounts valid at both Manor of Groves and Shendish Manor (www.shendish-manor.com)