

**Wellbeing Wednesday
23rd March at STAC –
Event to raise awareness
for Mental Health
10am – 2pm**

- **Cake Sale 50p/£1/£2**
- **Manicures 2.50**
- **Fruit smoothies £2**
- **Sport Challenges £1**
- **Raffle Ticket £1 (Chance to Win a Wellbeing prize)**

Please Bring Cash To Take Part In Activities

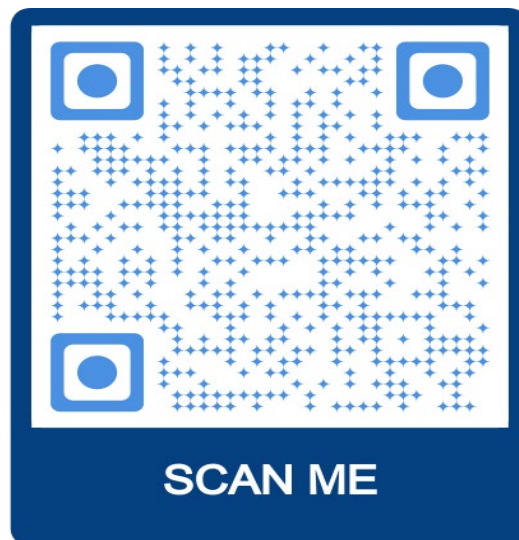
Sport Challenges

- **Skipping Rope**
- **Hula Hoop**

Wellbeing prize for winners of the highest points/ longest time scored

**Donations over £5
Scan Here**

PLEASE DONATE 



Charlie Waller direct Donation number is 70085. Text CWT to donate £10



**Wellbeing Thursday 24th
March Harlow College
Reception - Come along
to our event held
between 10am – 2pm**

- **Cake Sale 50p/£1/£2**
- **Challenges £1**
- **Manicures £2.50**

**Please Bring Cash To Take
Part In Activities**

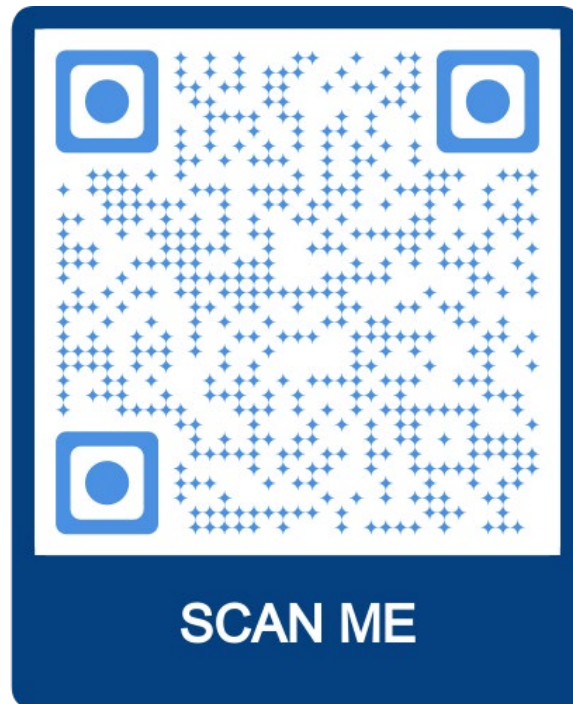
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Sport Challenges

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