

Hello Harlow College campus,

Pauline Leggett here – I'm hoping some of you will remember me fondly enough to help me out with something. If you don't know me because you've joined the college since I retired a couple of years ago, then congratulations for becoming part of a fabulous team of people! I was always very privileged in my job and as a UCU rep to be able to offer support to colleagues who needed a bit of help at times. What I also remember is that there was just so much support shared within teams and beyond on that campus – people cared about one another and could share their worries and concerns.

Sadly, not everyone can say that and, since retiring, I have become a listening volunteer for the Samaritans in their Norwich branch. And I am privileged all over again to be able to be there when someone needs support the most. Not everyone who calls Samaritans is actively suicidal, many just need to talk and be heard and cared for.

We need to raise some funds to keep the branch going and I am going to do a Fire Walk on 14th March to try to help out with that. Below is a link to my Just Giving page – any donations will be so gratefully received, but, if donating isn't on the cards right now, your kind thoughts and good wishes will be more than enough.

I'm grateful to the Principalship for allowing me to contact you through the college Qube – good will often starts from the top.

Click here to donate:

[https://www.justgiving.com/page/pauline-firewalk?utm\\_medium=FR&utm\\_source=CL](https://www.justgiving.com/page/pauline-firewalk?utm_medium=FR&utm_source=CL)

**SAMARITANS**